SUBJECT: UV GELS

LESSON OBJECTIVES:

Upon completion of the lesson, the student will be able to:

- Describe the chemistry and main ingredients of UV gels.
- Identify the supplies needed for UV gel application.
- Demonstrate the proper procedures for maintaining UV gel service using form over tips and on natural nails.
- Describe the one-color and two-color methods for applying UV gels.
- Explain how to safely and correctly remove UV gels.

Inspirational thought for the day: "Only those who dare to fail greatly can ever achieve greatly." – Robert Francis Kennedy

I) UV Gel On Tips or Natural Nails

- UV gel lamps.
- UV light bulbs.
- Brush.
- UV gel primer.
- Nail tips.
- Nail dehydrator.
- Nail adhesive.
- Abrasive files and buffers.

A) UV Gel Application Pre-Service

- Complete the pre-service sanitation and disinfection procedure in Chapter 13.
- Prepare your workstation with everything you need at your fingertips.
- Greet your client with a smile.
- If this is your client's first appointment, a client consultation form should be prepared.
- If this is a return visit, perform client consultation, using the consultation form should be prepared.
- If this is return visit, perform client consultation, using the consultation to record responses and observations.

B) UV Gel Application Post-Service

- Make another appointment.
- Recommend take-home products.
- Clean up around your table.
- Clean brush.
- Discard used materials.
- Clean your table, and then clean and disinfect implements and multiuse tools, such as abrasive.

II) UV Gel Maintenance and Removal

- UV Gel Removal

PROCEDURE:

I. Light cured gel application

1) Clean nails and remove existing polish.
2) Push back eponychium and carefully remove cuticle from the nail plate.
3) Remove oily shine from natural nail surface.
4) Apply nail tips desired.
5) Natural nail preparation.
6) Apply first UV gel (base coat gel).

7) Cure first UV gel (base coat gel).
8) Repeat steps 8 and 9 on the right hand.
9) Apply second UV gel (building UV gel).
10) Cure second UV gel (builder UV gel).
11) Repeat steps 11 and 12 on the right hand, and then repeat the same steps for both thumbs.
12) Remove inhibition layer.
13) Check nail contours.
14) Remove dust.
15) Apply third UV gel (sealer or finisher UV gel).
16) Repeat steps 12 and 16.
17) Remove the inhibition layer.
18) Apply nail oil.
19) Apply hand lotion and massage hand and arm.
20) Clean nail enhancements.
21) Apply nail polish.

II. UV Gel Over Forms

1) Complete UV gel application pre-service.
2) Apply nail forms.
3) Apply first UV gel (base coat UV gel).
4) Cure first UV gel (base coat UV gel).
5) Repeat steps 3 and 4 on the right hand.
6) Apply second UV gel (building UV gel).
7) Properly position hand and cure UV gel for the required time.
8) Carefully remove nail forms.
9) Shape free edge.
10) Apply second UV gel (building UV gel).
11) Remove inhibition layer.
12) Check nail contours.
13) Remove dust.
14) Apply third UV gel (sealer or finisher).
15) Cure UV nail.
16) Repeat steps 11 and 12
17) Apply nail oil.
18) Apply hand lotion and massage hand and arm.
19) Apply nail polish if desired.
20) Complete UV gel application post-service.