

SUBJECT: NAIL TIPS, WRAPS AND NO-LIGHT GELS

LESSON OBJECTIVES:

Upon completion of the lesson, the student will be able to:

- Identify the supplies needed for nail tips and explain why they are needed.
- Identify the three types of nail tips.
- Demonstrate the proper procedure and precautions to use applying nail tips.
- Demonstrate the proper removal of tips
- List four kinds of nail wraps and what they are used for.
- Explain benefits of using silk, linen, fiberglass and paper wraps.
- Demonstrate the proper procedure and precautions used in fabric wrap application.
- Describe the maintenance of fabric wrap for wrap. Include a description of the 2-week and 4-week rebalance.
- Explain how to use fabric wrap for crack repairs.
- Demonstrate the proper procedure and precautions for fabric wrap removal.
- Define no-light gels
- Demonstrate the proper procedure for applying no-light gels.

Inspirational thought for the day: “Only those who dare to fail greatly can ever achieve greatly.” – Robert Francis Kennedy

I) Nail Tips

A) Supplies for Nail Tips

- Abrasive board.
- Buffer block.
- Nail tip adhesive.
- Viscosities.
- Nail Tips.

B) Nail Tip Application Pre-Service

- Complete pre-service sanitation and disinfection procedure.
- Set up your standard manicuring table.
- Greet your client and ask that she wash her hand with soap and warm, running water.
- Perform client consultation, using client consultation form to record responses and observations.

1) Nail Tip Application

- Remove existing polish.
- Push back eponychium.
- Remove cuticle tissue.
- Buff nail to remove shine.
- Size tips.
- Apply nail dehydrator / cleanser.
- Apply adhesive.
- Slide on tips.
 - Stop
 - Rock
 - Hold procedure
- Trim nail tip.
- Finish blending tip.
- Shape nail.
- Proceed with desired service.

2) Nail Tip Removal

- Soak tips and nails.
- Slide off the nail tip.
- Buff nail.
- Reapply nail tip as directed above.
- Proceed to desired service.

C) Nail Tip Application Post-Service

- Make another appointment.
- Take-home product recommendations
- Clean up around your table.
- Discard used materials.
- Clean your table and then sanitize and disinfect implements and multiuse tools, such as abrasive implements.

II) Nails Wraps

- Wrap resin.
- Fabric wraps.
- Silk.
- Fiberglass.
- Paper wraps.

A) Supplies

- Fabric.
- Nail tip adhesive.
- Extender tip.
- Wrap resin and activator.
- Small scissors.
- Nail buffer or adhesive.
- Small piece of plastic tweezers.

B) Nail Wrap Pre-Service

Nail wrap application

- Remove existing polish.
- Clean nail.
- Push back the eponychium and remove the cuticle.
- Remove the oily shine.
- Apply nail dehydrator.
- Apply nail tips if desired.
- Cut fabric.
- Apply fabric adhesive.
- Apply fabric.
- Trim fabric.
- Apply wrap resin accelerator.
- Apply second coat of wrap resin.
- Apply second coat of wrap resin accelerator.
- Shape and refine nails.
- Buff wrap nail.
- Remove traces of oil.
- Apply polish.

C) Nail Wrap Post-Service

- Make appointment.

- Take-home product recommendations.
- Clean up around your table.
- Clean extender tips.
- Store fabric.
- Discard used materials.
- Clean your table and then sanitize and disinfect implements and/or multiuse tools, such as abrasive implements.

D) Nail Wrap Maintenance, Removal and Repair

- Nail wrap rebalance
- 1) Two-week fabric wrap maintenance
 - Complete nail wrap pre-service.
 - Remove existing polish
 - Clean natural nails.
 - Push back eponychium and carefully remove cuticle from the nail plate.
 - Lightly file the nail plate.
 - Apply nail dehydrator.
 - Apply wrap resin to new nail growth area.
 - Apply wrap resin accelerator.
 - Apply wrap resin to entire nail plate.
 - Apply wrap resin accelerator.
 - Shape and refine nail wrap.
 - Buff nail wraps.
 - Apply hand lotion and massage hand and arm.
 - Remove traces of oil.
 - Apply polish.
 - Complete nail wrap post-service.
 - 2) Four-week fabric wrap maintenance
 - Complete nail wrap pre-service.
 - Remove existing polish
 - Clean nails.
 - Push back eponychium and gently remove cuticle.
 - Buff nail to remove shine.
 - Apply nail dehydrator.
 - Cut fabric.
 - Apply wrap resin to regrowth area.
 - Apply fabric.
 - Apply wrap resin.
 - Apply wrap resin accelerator.
 - Apply wrap resin.
 - Apply second coat of wrap resin accelerator.
 - Apply wrap resin to entire nail.
 - Apply wrap resin accelerator.
 - Shape and refine nail.
 - Buff nails.
 - Apply hand lotion and massage hand and arm.
 - Remove traces of oil.
 - Apply polish.
 - Complete nail wrap post-service.

E) Fabric Wrap Repairs

- Stress strip.
 - Repair Patch.
- F) Fabric Wrap Removal
- Complete nail wrap pre-service.
 - Soak nails.
 - Slide off softened nail wraps.
 - Buff natural nail.
 - Condition skin.
 - No-light gel application
 - Complete no-light gel application pre-service.
 - Remove existing polish.
 - Clean finger nails.
 - Push back eponychium and carefully remove cuticle from the nail plate.
 - Remove oily shine from natural surface.
 - Apply nail tips if desired.
 - Apply nail dehydrator.
 - Apply no-light gel.
 - Cure no-light with activator.
 - Repeat step 7,8 and 9 on the right hand.
 - Apply second coat of no-light gel, if required.
 - Shape and refine nails.
 - Buff nail.
 - Apply nail oil.
 - Apply hand cream and massage hand and arm.
 - Clean nail enhancements.
 - Apply nail polish.
 - Complete no-light gel application post-service.

III) No-light Gels

- A) Supplies
- B) No-light Gels and Fiberglass/ Silk Fabric
- Pre-cut fiberglass or silk section in no greater than 1/4"- wide and 1/2"- long strips.
 - Place a section of fiberglass or silk material diagonally across wet no-light gel.
 - Activate and follow with the second coat of gel.